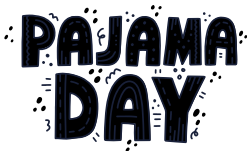
École Arthur Pechey Public School

Principal: Mme Brandi Sparboe
Vice-Principal: M Chris Kelly
Secretaries: Mrs. Tetiana Kozlova
Ms. Yvonne Martos

November

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3	Clan Shirt Day! 4 Progress Identity Day!	5 Conferences 3:30-6:00 Identity Day!	6
9  Remembrance Day Assembly 10:30 A.M	10	11 Remembrance Day No School	12  Picture Retake Day!	13 Pre-K Family Engagement (note to follow)  Backwards Day!
16	17	Clan Shirt Day! 18	19  Crazy Hair Day!	20
23	24 SCC Meeting 6:30P.M	Clan Shirt Day! 25 ANYTHING but a BACKPACK DAY	26	27 Dress like a Teacher Day! 

Upcoming Dates:
Dec. 10- Winter Concert
Dec. 15- Band Concert

Christmas Break
Dec. 19- Jan. 03

Greetings from Mme Sparboe

Dear families,

Hot on the heels of a fantastic Halloween dance, I want to send a huge thank you to all the teachers, students, and families who helped make the evening such a success! The energy level was incredible, and our students kept that momentum going with their costumes the next day as well as their amazing creativity during the pumpkin carving contest. Seeing our community come together brought so much joy to the school. November is shaping up to be another busy and exciting month, and we look forward to welcoming families back through our doors for several exciting upcoming events!

Progress Conferences – November 4 & 5

We are excited to connect with families during our upcoming Progress Conferences on November 4th and 5th between 3:30 and 6:00. Please watch for an invitation through Edsby to sign up for a time to meet with your child's teacher. These conversations are an important opportunity to celebrate learning, share progress, and work together to support each child's growth. See further on in the newsletter for more information.

Identity Day

During your visit, you'll also have the opportunity to explore our annual Identity Day projects! Students have been working on projects that share a little bit about who they are, their interests, passions, and strengths. Identity Day is a wonderful opportunity for us to learn more about one another, build relationships, and strengthen the sense of belonging that makes our school community special.

I shared my own Identity Day project with our school community so that students could get to know me a little better too. For example, I shared that if you know me, you'll know that I am married to a Norwegian and have two boys named Sander and Stian as well as a cat named Bear. I was born in Sandy Bay, then grew up on an acreage just outside of Holbein. I went to school in Shellbrook from Kindergarten to Grade 12 and didn't figure out I wanted to be a teacher until I was about 20 years old. I love to walk and run outside, but I am hopeless at dribbling a basketball while running! I love music and my job. I feel so lucky to work with amazing people every day.



Book Fair

Our Book Fair will also be happening the same week! This is always a fun opportunity to discover new books, grow your family's home library, and support literacy at Arthur Pechey. Purchases also help us add to our classroom and school libraries, giving our students even more wonderful books to enjoy. The book fair will also be open during Progress Conferences on November 4th.
Please note, the Book Fair won't be open in the evening of Nov. 5th.

Remembrance Day Assembly

We will be holding our Remembrance Day assembly on Monday, November 9 at 10:30 AM. All families are welcome to join us in the gymnasium as our students and staff pay tribute to veterans and service members.

Save the Dates: December Concerts

Looking ahead, we are excited to bring our school community together for two musical celebrations!

- **Winter Concert**: Thursday, December 10th, with performances at 1:00 p.m. and 6:00 p.m.
- **Band Concert**: Tuesday, December 15th.

This year, our school concert will celebrate **winter on the prairies** and the tradition of gathering together during the cold, dark months to share music, stories, and community. While we recognize Christmas in a variety of ways at school, we want our concert to be an inclusive celebration where all students feel comfortable participating. We look forward to sharing the warmth, joy, and musical talents of our students with you!

Thank you for being such an important part of our Arthur Pechey community. We look forward to seeing many of you in November and celebrating all the wonderful learning happening at our school!

Take care, everyone. See you soon!

Brandi Sparboe, Principal

Report Cards and Progress Conference

Report cards will be sent home twice a year. The first report card will be sent home on Friday, February 5th, and the second report card will go home at the end of the school year on Wednesday, June 23rd.

Progress conference booking is now open on Edsby and will remain open until November 3rd. Conferences will be held on November 4th & 5th from 3:30 to 6:00 p.m. If you need help connecting to Edsby, please contact our front office team, Tetiana or Yvonne, who will be happy to help you through the setup process.

This is a great opportunity for parents to learn how their child has adapted to the new grade level and course. At this time, a teacher will share their observations about the child's progress in reading, writing, math, and social skills, as well as their coursework.

Any concerns will be raised to create a supportive plan for the student. You should have received an email from your child's teacher with a link to use to sign up for a specific time. If you have not received an email or paper copy, please call the school to talk with your child's teacher and schedule a time for a conference.

Supporting Social-Emotional Learning at École Arthur Pechey!

This year, our school has introduced **SchoolBeat/Moozoom**, a bilingual social-emotional learning platform that helps students develop important skills for understanding themselves, managing their emotions, building positive relationships, and making thoughtful choices.

Through engaging videos and relatable, everyday situations, students are encouraged to explore different emotions, reflect on their actions, consider others' perspectives, and learn practical ways to navigate social situations. These lessons help create a positive, respectful, and supportive learning environment for everyone.

Teachers are incorporating these videos into their morning meetings, giving students opportunities to discuss, reflect on, and practise these important life skills together.

This initiative directly supports our school goal: **to improve students' readiness to learn and increase their academic and emotional success**. By intentionally teaching and reinforcing social-emotional skills, we are helping students develop the confidence, self-awareness, self-regulation, and positive relationships they need to thrive both in and out of the classroom.

Here are some of the themes our students have explored so far this year at our school :

Kindergarten–Grade 1:

- Learning how to zoom in and zoom out
- Taking care of classroom materials
- Respecting personal space
- Taking part in group activities

Grades 2–8:

- Showing consideration for others
- Respecting others
- Respecting and following rules
- Practising respect and good manners in everyday situations

We look forward to continuing this learning throughout the year as we work together to help our Eagles grow socially, emotionally, and academically!

Canteen Menu

Available from 12:25 to 12:45

Prices and availability are subject to change without notice

Fresh Pizza: Pepperoni or Cheese: $3.00/slice

Leftover Pizza: (frozen & reheated – sometimes available) $1.50/slice

Corn Dogs: $1.50

Pizza Pops: Pepperoni or Cheese: $2.00

Granola Bars/Fruit Cups/Fruit Snacks: $.50

Beef Jerky: $2.00

Popcorn/Sun Chips/Munchie Mix: $1.50

Sparkling Ice Flavored Water: $2.00

Flavored Water: $1.50

Juice Boxes: $1.00

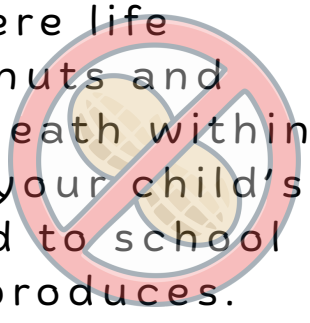
Desserts: Wagon Wheel, Hot Rods, Rice Krispy Squares, Pudding (chocolate & vanilla), Frozen Yogurt: $1.00



Our water fountains have been converted to water bottle filling stations only. Please bring a water bottle to school everyday!

Every Wednesday is Clan Shirt Day! Students who wear their clan shirts on wednesday will earn points for their clan - Bear, Deer, Marten and Fish.

There are children in our school with severe life threatening food allergies (anaphylaxis) to nuts and peanuts. This medical condition can result in death within minutes. Although this may or may not affect your child's class directly, we ask that any foods you send to school with your child be free from nut or peanut produces.

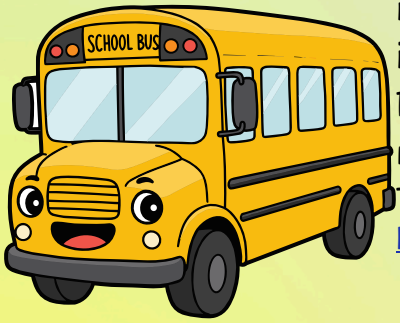


Busing Zones

Our bus zone is on 28th Street, and there is a 15-minute loading zone as well as a section for two-hour parking on 26th Street West. We ask you to be aware of the parking signage when dropping off, picking up, or parking to enter the school. As always, we would like to remind you that the staff parking lot is not available for drop off or pick up of students.



Important Information About Busing



Registering your child for busing is necessary, but not every year. Please only re-register if the student's information has changed. This may include a change of school, address or contact information.

Registering online is quick and easy. However, it may take several days to arrange their busing. The direct link to register is https://www3.srsd119.ca/busgarage/transport/request.php.

Once you click on our link, look for this box towards the bottom of the page, and choose "Transportation Requests". You may find our links for the daily bus report and city bus maps handy as well. If you are unsure whether or not you have previously registered, or if you have any questions, please contact the Transportation Department at 306-763-2323.

AP Eagle School Clothing

Are you interested in purchasing Arthur Pechey Eagle clothing for you or your student? Visit the link below:

https://ecolearthurpecheypublicschool.entripyshops.com/

Communication is Key

Arthur Pechey will use Edsby and email to send important information to families. Please make sure the school has your correct email address. You should have already received an email message from the school inviting you to Edsby. If you haven't, please contact the school to learn more.

Bylaw Update



Please be advised that there have been changes made to the Traffic Bylaw, which now prohibits U-turns in school zones. To improve the safety of our children, the City of Prince Albert has added this safety measure. There is a $150 fine for violating this restriction.

Electronics and Cell Phones



We have updated our policy regarding cell phones in schools and will no longer be allowing student use of cell phones at school, other than in special circumstances with teacher permission. We understand that you may want your child to carry a cell phone for safety reasons; however, there is no need to have the phone on at school as we have school phones. Therefore, if a cell phone is brought to school, it MUST be powered off and stored in a safe place between 8:50 and 3:10. If a student is repeatedly asked to put the item away or continues to use it during school hours, parents will be contacted to come and pick it up. Students are advised not to bring any electronics to school, as we are not responsible for damaged, lost, or stolen items.

Help Keep Our Students Safe: Drop-Off Reminders

For the safety of all students, we kindly ask families not to use the staff parking lot for drop-offs and pick-ups. This area is busy with staff and is not designed for student foot traffic.

The best places to drop off your child are:

- **On 26th Street West (west side of the school)** – Students can walk directly to the playground through the fence in the daycare.
- **On 4th Avenue West (east side of the school)** – A paved path between the shed and the gym leads students safely to the playground.

Staff supervisors are present on the playground from 8:35 to 8:50 a.m. If you arrive after 8:50, please drop your child off at the main doors, ring the doorbell, and one of our welcoming staff will ensure they're signed in and safely on their way.

Thank you for keeping our students safe!

Registration for School Cash Online is now available!

Please visit www.srsd119.ca/school-cash-online/ for instructions.

Benefits to Registering Today for School Cash Online

A new approach to paying for your child's school items and activity fees. No matter what your child's school experience is, ensure that your school-to-home communication is not disrupted. Create an account today and pay the fees using the SchoolCash Online contactless solution.

Key Benefits:

- RECEIVE EMAIL NOTIFICATIONS OF NEW FEES OR ITEMS AVAILABLE FOR PURCHASE.
- CHECK YOUR ACCOUNT HISTORY AND VIEW AND PRINT RECEIPTS.
- PAY FOR SCHOOL FEES ANYTIME, ANYWHERE, WITH A SIMPLE CLICK, USING THE CONTACTLESS SOLUTION.
- KEEP TRACK OF YOUR CHILD'S SCHOOL ITEMS AND ACTIVITY FEES AND MANAGE ALL STUDENTS IN YOUR HOUSEHOLD FROM ONE LOCATION

School Activity Fees

If you have not paid your child's School Activity Fees, please do so using schoolcash online payment option, or you may pay in person at the office with cash or cheque. Kindergarten students pay $10.75, and students in Grades 1-8 pay an annual fee of $21.00. This money is used to cover a wide range of expenses, such as guest presentations, curricular bus trips, and extra consumable items used each year to support your child's classroom. It is sometimes necessary to charge an additional nominal fee to cover extra field trips or special project costs. We will try to minimize extra costs as much as possible.

Remembrance Day Celebration



We will have a Remembrance Day Assembly at 10:30 AM on November 9, 2026.

Parents and guardians are welcome to attend.

Tipi Teachings: Happiness & Love

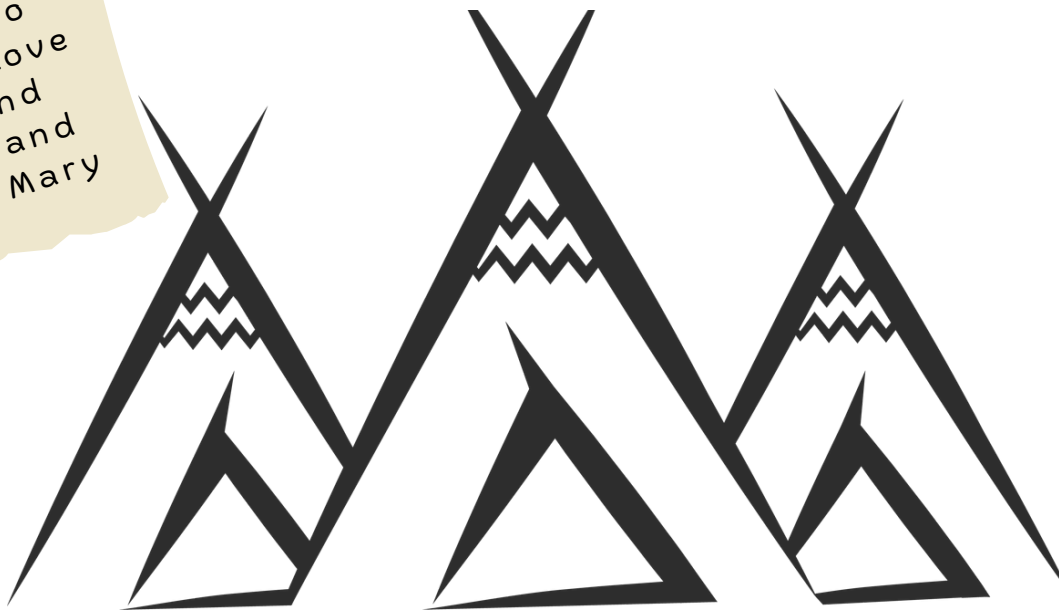


Throughout the month of November, Arthur Pechey students and staff will be learning about Happiness/Le bonheur and Love/L'amour. We will be learning about these important character development values every day at school.

Happiness/Le bonheur teaches us that we must show enthusiasm and encouragement for others. We are learning to be good humored people and we show our positive feelings towards our families and those around us. We value making others and ourselves happy.

Love/L'amour teaches us about harmony and balance. We must acknowledge and share our love with those around us, including our family, friends, and others we encounter, including the natural world. Through kindness and compassion, we demonstrate our ability to love on a daily basis.

"If we are to live in harmony, we must accept one another as we are, and accept others who are not in our circle. Love means to be good and kind to one another and to ourselves."-Elder Mary Lee



REGULATION CORNER:

Tools for learning, growing and feeling.

CREATED BY THE STUDENT ENGAGEMENT CENTRE

What We Learned

Zones of Regulation

At school, many of our classes are learning about the Zones of Regulation—a tool that helps students recognize their feelings, understand their body's signals, and find strategies to support their regulation.

There are four colour zones, and all zones are okay! The goal isn't to stay in one zone all the time, but to recognize how we're feeling and learn what our bodies need. When we can name it, we can tame it!

A helful reminder to adults: Connect before you correct. When children experience big feelings, a calm, supportive adult can help them feel safe before expecting them to problem-solve.

Try this at home

In the Student Engagement Center (SEC) students have been practicing mindfullness, and breathing. Our brains and bodies are connected! When we feel worried, frustrated, angry, or overwhelmed, our bodies can go into fight, flight, or freeze mode.

Our hearts might beat faster, our muscles might tense up, and it can become harder to think clearly or make helpful choices.
Breathing and mindfulness help us slow down, notice what is happening inside our bodies, and give ourselves a moment to reset.

Taking slow, gentle breaths can help our bodies settle, while mindfulness teaches us to pay attention to the present moment without judging our feelings

Take a few minutes each day to practise a calming strategy together. Try Buddha Buddy Breaths by lying down with a favourite stuffed animal on your belly and watching it gently rise and fall with each breath.

ZONES OF REGULATION

GREEN

HAPPY, CALM, FOCUSED, READY TO LEARN.

Ideally where we want to be!

YELLOW

ANXIOUS, WORRIED, SCARED, SILLY, LOSING SOME CONTROL.

The feeling of your body engine running too fast!

BLUE

SAD, TIRED, BORED.

Your body engine is running too slow.

RED

ANGRY, OUT OF CONTROL.

Like a red traffic light. It is time to STOP!

BOOK FAIR

02-06 NOVEMBER

LOTS OF NEW AND EXCITING BOOKS

TO CHECK OUT!



Students will visit the Book Fair with their class during the week and may make a purchases during recceses.

WE WILL ALSO BE OPEN FOR INTERVIEW EVENING ON THE 4TH