

**School Hours**

Welcoming Bell 8:50 a.m.

Classes Begin 8:55 a.m.

8:55 a.m. – 11:55 a.m.

Lunch

11:55 a.m. – 12:30 p.m.

12:30 p.m. – 3:10 p.m.

# École Arthur Pechey Public School

Principal: Mrs. Brandi Sparboe

Vice-Principal: Mrs. Sherry Gunville

Secretaries: Mrs. Sharon Kaponyas, Mrs. Claire Urbaniak, Ms. Donna Meyers

2675 4th Avenue West

Prince Albert, SK

S6V 5H8

Phone 306-922-9229

Fax 306-763-4878



# September 2019

**24 HOUR ATTENDANCE NUMBER: 1-833-309-1241****PLEASE REPORT ALL ABSENCES**

Monday	Tuesday	Wednesday	Thursday	Friday
2 	3 	4	5	6
9	10	11	12 Cross Country @ VK @ 4	
16 1:00 "Toonies for Terry" Launch with Brenda Krueger	17	18	19	20 Raider Spirit Day
23 First Day of FALL 	24 School Community Council Meeting @ 7:00	25 MEET THE STAFF IDENTITY DAY 8:00 – 9:00 OPEN HOUSE	26 Grade 4F, 5B and 6B to Fort Carlton	27 Terry Fox Walk/Run 2:00
30 Orange Shirt Day				

Please take note of our new toll-free telephone number, **1-833-309-1241**,  
to inform the school of a student absence.

**By Striving, We Succeed!**  
**Un bon effort pour le succès!**

## School News

Dear École Arthur Pechey Public School Students and Families,

The 2019-2020 school year has finally arrived! We would like to extend a very warm welcome to all of our families, both those who are returning as well as those who are new to our school community. We look forward to building on our existing relationships and forming new relationships as we work together to provide our students with the absolute best school and educational experience possible.

We believe that all students have the ability to achieve their human and academic potential. We remain steadfast in our continued commitment to academic excellence, innovative practices, school safety, and inclusive education. We know that we will achieve our goals through the engagement and empowerment of the entire school community: students, staff, parents, and guardians. Each one of us connected to this school is a critical part of the school community and has the opportunity and the responsibility to have a positive impact. We are proud of our achievements and grateful for our school community.

We want parents and guardians to know that they are welcome here. We place high value on our partnership with you and we invite you to take an active part in helping students to achieve their full potential. Stay connected through School Messenger, phone calls, digital platforms such as Seesaw and Class Dojo, or just come on in to the school! You will notice many opportunities over the course of the year to join us for family events and activities such as our Identity Day Meet the Staff morning (September 25<sup>th</sup>), our sporting events, Movie Nights, Literacy Events, School Community Council meetings, Family Dances, Student Led Conferences, and more. But don't wait for a special event to come in; you are welcome here anytime. Join us for assemblies, pop into the classroom to chat with the teacher, read a book to the class, help with a project, and see your child in action! We want everyone in the Eagle family to know that they matter and that they belong here.

Our mission of helping students achieve their academic potential is strengthened by our school goal this year of helping every child reach their personal math goals in numeracy. To reach this goal, we will continue to apply strategies that we applied to teaching excellence in reading comprehension such as flexible groupings, formative assessment, and student goal setting. We will also take steps to support improved achievement through the use of technology, engagement, and high attendance.

We look forward to helping students achieve their human potential as well as improve their capacity for mutual understanding, empathy, and mutual respect through a dedicated character and values education program: the Tipi Teachings. This resource helps us to explicitly teach and integrate values such as respect and gratitude.

After 15 years in education I can honestly say that making education the best it can be for each of our student's means more to me than ever before. I am passionate about providing our students, and our entire school community with a school in which they can feel a genuine sense of belonging. A place where students feel safe, engaged, empowered, happy, and cared for. I believe we make this happen together through positive and meaningful relationships and learning experiences.

École Arthur Pechey Public School staff are committed to doing all we can to provide our students a great school. We believe this is something we can achieve by working together with you, our community. Please do not hesitate to contact me if you ever have any questions or concerns. Know that my door is always open.

We are so glad to share this school with you.

Sincerely,

Brandi Sparboe

Relationships first, everything else second. ~Kayla Delzer

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## Phys Ed News – Mr. Kalika



The Cross Country running season is underway at AP! Practices will be announced after registration.

**Coaches:** Mrs. Poulin, Mr. Munshaw and Mrs. Tash

**Fun Runs:** TBA

**Extravaganza:** Tuesday, October 3rd, 2019 **Location:** Spruce Home

Volleyball season will begin this month. Do not forget to sign up. There is a team for everyone.

**Coaches:** Grade 5 Boys and Girls: Mme Best and Mme Bilodeau

Grade 6/7 Girls: Ms. Mercredi

Grade 6/7 Boys: Mr. Little and Mme Laschowski

Grade 7/8 Girls: Mme Villeneuve

Grade 7/8 Boys: Mr. Kalika and Mr. Munshaw

Practice times: TBA

**Extravaganza:** Weeks of October 28th– November 7th, 2018

\*\*\*All league schedules/ information can be found on our P4A Google Sites webpage\*\*\*

<https://sites.google.com/a/students.srsd119.ca/p4a/>

**Go Eagles!**

<https://sites.google.com/a/students.srsd119.ca/p4a/>

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### **School Goal:**

Welcome to an exciting new year! This year, our school has chosen a math goal! We want to see success for 100% of our students, whether they are achieving regular academic goals or an individualized goal. With the help of their teacher, your child will use the learning goals to reflect on learning, celebrate successes, identify areas for improvement, make adjustments where needed and set new personal learning goals. Your child is encouraged to demonstrate their thinking and understanding through individual or small group conversations, by reflecting on how learning materials are used, and by analyzing work.

What is your role in our goal?

Children do better at school when their parents are involved. Your child's teacher will do his/her best to keep you well informed throughout the school year, and will always be glad to hear from you. Ask your child's teacher about your child's strengths, areas in which to improve, and how you can best offer support at home. Being aware of the learning goals and success criteria for your child's math course will help you to support your child's math learning.

Help your child to not get discouraged when learning a concept or skill proves harder than was hoped. Remind your child that success comes from hard work and perseverance, and that making mistakes is a part of learning and growing. Be positive about math! Avoid saying "I was never good at math" or "I never liked math." Show that you think math is important and interesting. Use numbers when you discuss daily activities, sports, and so on. Look for opportunities for math to be a natural part of your conversation. Ensure that your child catches up and keeps up with his/her math work if any days at school were missed, because math concepts build on one another. Be available to talk with your child about his/her math work. When your child needs support, ask questions instead of showing your child directly how to do it. Allow your child to share the method used in class. If you aren't familiar with the method, ask your child to explain it to you. This will help your child to understand it better as well. If your child is more comfortable in a language other than French or English, use it. Your child will understand concepts better in the language that he/she knows best.

If in need, ask your child's teacher to suggest ways you can help your child with math.

If you have any questions about our Math goal, please feel free to contact Mme Janelle Meyers, our in-school Dreamcatcher coach.

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## **Tipi Teachings – A Character and Values Education Program**

At École Arthur Pechey Public School, we believe that schools have the opportunity and the responsibility to “build *student capacity for intercultural understanding, empathy, and mutual respect*,” (Truth and Reconciliation Commission of Canada, Call to Action 63.3). We believe that the role of the school is not only to help students reach their academic but also their human potential. The Tipi Teachings is the Character and Values Education program we use, as a school, to drive this.

The Tipi Teachings model that we follow includes 15 teachings, including one value for each of 13 poles. In all, there are 15 teachings that hold up the tipi. Over the course of the school year, we focus as a school on a new teaching every two weeks. These teachings include values such as Respect, Humility, Happiness, Thankfulness, Sharing, Strength, and Hope: values that are common to all of us. Every morning, classes begin the day reflecting on, discussing, or actively engaging in the current teaching or value.

Over the course of the year, we use the Tipi Teachings model to teach our students about empathy, courage, and kindness, about how to develop successful friendships and establish positive lifelong relationships based on intercultural understanding and mutual respect. Through the teachings, the students are taught to care for and respect themselves, their families and peers, and their community. Together we are creating a place of hope, optimism, and gratitude in which everyone who walks in our building feels a genuine sense of belonging (Kevin Lamoureux).

Over the course of the year please check our bulletin board by the gym for more information about the Tipi Teachings and what we are currently focused on as a school. If you have any questions, want to know more, or want to get involved in our efforts to provide authentic learning experiences for our students, please don't hesitate to reach out to the staff of École Arthur Pechey Public School. Our relationship and partnership with you, our school community, is integral to our continued success in providing the best possible education for our children.

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## **Meet the Staff - Open House**

From 8:00 to 9:00 am, Wednesday, September 25th, École Arthur Pechey Public School will be hosting Meet the Staff Morning! We would like to invite our families, and the entire school community, to join us for a come –and– go morning to meet your child's teachers, see their classroom, and see our entire school! Our students will also have their Identity Day projects on display that morning so it will be a wonderful chance to look around and to get to know everyone a little bit better! We will be serving coffee, juice, and muffins. Hope you can make it!

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## **SCHOOL Community Council**

September 24<sup>th</sup> in the library you will have the chance to join us for information about our School Community Council. Working together as an entire school community, staff and parents, we can continue to provide the best for our children! SCC meetings are a great way to learn more about your school and to make a difference in your child's school. We would love to see you there!

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## Identity Day

On Wednesday, September 25th every single student and staff member from the École Arthur Pechey School Community will share something that they are passionate about and create some type of display or presentation to show this interest.

The Goal: To build relationships and community in a meaningful and relevant way.

What will Identity Day look like?

Students are working within their classrooms on Identity Day projects. On Identity Day all students will prepare their projects for display and then the entire school will go through each classroom from youngest to oldest ensuring that each class has an opportunity to look at each display. All school staff will have their displays set up to share as well. Ultimately, each child will have the chance to stand by their own display and share.

That morning, families are invited from 8:00-9:00 am for a Come-and-Go morning. Students can walk their families through a tour of the school, introduce them to their teacher, and can also share the displays of fellow students and staff.

We are so excited to learn about and celebrate what makes each of us one of a kind!

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## Terry Fox Run

This month will be our annual Terry Fox walk/run. We are so blessed to have Brenda Krueger at Arthur Pechey this year as our special speaker. Brenda is joining from Winnipeg and is excited to help us kick off our Toonies for Terry fundraiser! For over 30 years the Terry Fox Foundation has worked to achieve Terry's vision of a world without cancer. Please send Toonies for Terry to school from September 16th to September 27th and be part of helping us reach our goal of \$1000. Families are welcome to join us for both the launch on September 16th as well as the walk/run on the 27th at 2:20pm.

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## Orange Shirt Day

École Arthur Pechey School invites all staff and students to wear an orange shirt on Monday, September 30th. We will be participating in activities that raise awareness about residential schools and reconciliation throughout the school day. For more information, please refer to [www.orangeshirtday.org](http://www.orangeshirtday.org).

### **Allergen Aware: Reduce the Risk**

*There are children in our school with severe life threatening food allergies (anaphylaxis) to nuts and peanuts. This medical condition can result in death within minutes. Although this may or may not affect your child's class directly, we ask that any foods you send to school with your child be free from nut or peanut products. More information about anaphylaxis is available at the school. Please contact us. Thank you for your understanding and cooperation.*

## **Important Information about Busing:**




Registering your child for busing is necessary, but not every year. Please only re-register if the student's information has changed. This may include a change of school, address or contact information.

Registering online is quick and easy. However, it may take several days to arrange their busing.

The direct link to register is <https://www3.srsd119.ca/busgarage/transport/request.php> or you can simply type "Sask rivers school bus" in a search engine (we recommend Google) and we will surely pop up. Once you click on our link, look for this box towards the bottom of the page, and choose "Transportation Requests". You may find our links for the daily bus report and city bus maps handy as well.



### **Transportation**

-  Bus Report
-  Transportation Requests
-  Bus Maps

If you are unsure whether or not you have previously registered, or if you have any questions, please contact the Transportation Department at 306-763-2323.

**Kindergarten registration for the 2019/2020 school year:** We continue to accept registrations for both the English and French Immersion kindergarten classes. Please contact us at 306-922-9229 for further information.



### Electronics and Cell Phones

*Students are advised not to bring any electronics to school, as we are not responsible for lost or stolen items. Very few students have access to an individual locker that is secure. We understand that you may want your child to carry a cell phone for safety reasons; however, there is no need to have the phone on at school as we have school phones. Therefore, if a cell phone is brought to school, it **MUST** be powered off and stored in a safe place between 8:50 and 3:15. If a student is repeatedly asked to put the item away or continues to use it during school hours, parents will be contacted to come and pick it up.*

### Bus Unloading Zones

*We are very fortunate to have increased bus service for Arthur Pechey students this year. We need your help! Please do not park in the bus unloading zone directly in front of the school. This unloading zone between the two signs must remain clear of cars as there are at least four buses needing to park. As well, the staff parking lot is not a pick-up or drop-off point. Thank you in advance for reviewing with your child how and where to use the marked crosswalks on 26th Street and 4th Avenue and for helping to keep our children safe!*



### Lunch Hour

**URGENT!** *Your child's safety and well-being is important to us. Please carefully read the lunch hour letter that was sent home with your child. We must have confirmation from parents/guardians if your child will be going home for lunch.*



### Canteen Cards

We will be starting a canteen card program this year. You will be able to put money on a card at the canteen and then your child doesn't need to bring money every time they are going to the canteen to purchase lunch, providing they have money on their card. We will keep track and let students know when they need to add money to their card. Please contact Mrs Gunville if you have any questions about this new canteen option.

AP EAGLES online clothing store. Check out the great AP Eagles clothing available at <https://ecolearthurpecheypublicschool.entripyshops.com/>

### **We are very pleased to welcome the following new staff member to our team this year!**

- |   |                          |
|---|--------------------------|
| • Ms. D. Meyers - Secretary (.5)                                  | Mrs. J. Henry - Grade 2  |
| • Mrs. L. Isbister - Library Technician (.5)                      | Mr.R. Munshaw - Intern   |
| • Mrs.T. Cooper - Educational Associate                           | Mr. B. Little - Intern   |
| • Mrs. K. Kowalchuk - Educational Associate                       | Ms.F. Kaiswatum – Intern |
| • Mrs. K. Sinoski - Educational Support Teacher                   | Ms. L. Drabot - Intern   |
| • Mme C. Fetch - Grade 4 French Immersion                         | Mrs. A. Kerley - Grade 5 |
| • Mme M. Laschowski - Grade 8 French Immersion                    |                          |
| • Mme D. Krohn - Grade 7 French Immersion                         |                          |
| • Mme D. Bilodeau - Grade 6 French Immersion                      |                          |
| • Mrs. J. Seitsonen - Grade 3 English (returning from Mat. Leave) |                          |
| • Mrs. L. Tash - Grade 4 English (returning from Mat. Leave)      |                          |

# Canteen Menu

Available at the school from 11:55 to 12:10 daily

**\*Prices and availability are subject to change without notice\***

**Pizza:** Pepperoni & Cheese ..... **\$2.50/slice**

**Corn dogs** ..... **\$1.50**

**Pizza Pops:** Pepperoni and cheese ..... **\$2.00**

**Breadsticks & cheese, granola bars & Fruit to Go** ..... **.50¢**

**Crispers/Pretzels** ..... **\$1.50**

**Flavored water** ..... **\$1.50**

**Juice boxes** ..... **\$1.00**

**Desserts:** rice crispy square, wagon wheel, pudding (chocolate & vanilla), canned fruit (peaches & oranges), applesauce, frozen yogurt tubes ..... **\$1.00**

**\*\*SENDING A NOTE WITH YOUNGER KIDS IS ALWAYS HELPFUL!**



## **COMMUNITY NEWS**

Navy league cadets is a non -profit youth organization with a naval theme for youth between 9 – 12 years old. We parade at the Prince Albert armory on Thursday nights from 6:30-9 pm. Register your child/children any Thursday night between Sept – May, you will need their health card, birth certificate and/or government issued ID . Cost to join is \$50 registration fee, as well as fundraising obligations. We teach the cadets about Canadian naval history, physical fitness, teamwork, respect, citizenship and much more. For more information please contact [wkreed5@outlook.com](mailto:wkreed5@outlook.com) or 306-922-3199 and leave a message.

Follow your child's heart... if they love drawing and art, register soon for yearlong art classes in pencil drawing, charcoal, pastels, colored pencils, acrylic painting & watercolor! There's a few spots left at Christina's Art School! Whether they develop their love into a hobby, or it's their launch into a secondary school and a career, the skills they acquire will be with them for life! Classes also include a yearend Field Trip & Art Show. Online registration is at [www.christinathoen.com](http://www.christinathoen.com). For more info, see Christina's Art School on Facebook, or feel free to phone Christina Thoen, Certified Teacher (Art Major) at (306)764-7200 for more information and to register by phone.

## **Prince Albert Speed Skating Club & Learn to Skate**

### ***Registration Night***

**Tuesday Sept. 10<sup>th</sup> 6:30-8:30pm @ Art Hauser Centre Lobby**

We are currently accepting new members of all ages. Can't skate? Join our 15 session Learn to Skate Program.

Need a challenge?! Try Speed Skating!! Do you like... skating, but not interested in hockey or figure skating?! Racing?! Setting your own personal goals?! Competing against others at similar skill levels?!

Competing as an individual but still being part of a team?!

Practices twice a week @ Art Hauser Centre Sept-March. Meets are optional – compete in as many or as few as you wish.

See what it's all about at a FREE trial practice.

Find us on Facebook OR [www.paspeedskating.ca](http://www.paspeedskating.ca) OR contact

Nicole Finch 306-922-1312 [paspeedskating@yahoo.com](mailto:paspeedskating@yahoo.com)



## **FALL Children's Used Clothing and Toy Sale**

Friday, September 20, 7 to 9 pm

2777-6th Ave W (Alliance Church)

*Consignment Sellers are now being accepted!! (Until Sept 16)*

*For more information email [office.paac@sasktel.net](mailto:office.paac@sasktel.net)*



# Strengthening Families

## CFSPA

Prince Albert Strengthening Families will be holding a FREE program for Caregivers & their Teens (ages 12-16) at Carlton High School, Wednesdays, Sept.18 to Dec. 11, 2019 from 5-8pm.

The Strengthening Families Program aims to help families improve communication, bonding, emotional management and family structures.

We provide transportation, meals, on site babysitting, in-agency counselling, referrals and other incentives.

Strengthening Families has diverse team of facilitators and staff.

An elder attends each session.

There is an intake and interview process to determine if our program fits the needs of your family.

How to apply:

Online: <https://www.cfspa.ca/strengtheningfamilies>

Email: [strengtheningfamilies.cfspa@sasktel.net](mailto:strengtheningfamilies.cfspa@sasktel.net)

Phone: 306-922-3202 office, 306-922-7977 fax, 306-981-6882 cell

In Person: 300 1008 1<sup>st</sup> Avenue West, Monday-Friday, 9am-12pm & 1-5pm

Facebook: SF PA

Next program: January to March 2020 for Caregivers & their Teens



## Strengthening Families Prince Albert

### Program Application

☐ 2019 Fall - Teen Program

☐ 2020 Winter-Teen Program

**Date of Application:**

**Parent/Caregiver(s)**

**Name:**

**Date of Birth:**

**Address:**

**Phone:**

**Email:**

**Signature** \_\_\_\_\_

**Child or Youth**

**Name:**

**Birthdate:**

**# of additional siblings/youth in the house? \_\_\_\_\_**  
**Names/Ages:**

Did someone help you fill out this form? If so, please have them fill out the detail below. Important Note: Referring Agencies: By making this referral, you are acknowledging that you have spoken to the parent/caregiver about Strengthening Families Program (SFP) and they have given informed consent for SFP staff to contact them to discuss their participation in the program.

**Agency:**

**Name:**

**Email:**

**Phone/Fax:**

\_\_\_\_\_  
**Signature**

\_\_\_\_\_  
**Date**

What do you think your family needs to improve? (Check all that apply)

- ☐ Emotional Management
- ☐ Reduce Conflict
- ☐ Communication
- ☐ Bonding & Attachment
- ☐ Connection to Service & Community
- ☐ Access to Culture

Which of the following risk factors impact your family? (Check all that apply)

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> physical violence      | <input type="checkbox"/> alcohol              | <input type="checkbox"/> parenting concerns      |
| <input type="checkbox"/> emotional violence     | <input type="checkbox"/> drugs                | <input type="checkbox"/> housing                 |
| <input type="checkbox"/> sexual violence        | <input type="checkbox"/> gambling             | <input type="checkbox"/> sexual orientation      |
| <input type="checkbox"/> elderly abuse          | <input type="checkbox"/> mental health        | <input type="checkbox"/> negative peers          |
| <input type="checkbox"/> poor supervision       | <input type="checkbox"/> cognitive impairment | <input type="checkbox"/> anti-social behaviour   |
| <input type="checkbox"/> basic needs            | <input type="checkbox"/> physical health      | <input type="checkbox"/> unemployment            |
| <input type="checkbox"/> missing school         | <input type="checkbox"/> suicide              | <input type="checkbox"/> missing/runaway         |
| <input type="checkbox"/> cultural adjustment    | <input type="checkbox"/> self-harm            | <input type="checkbox"/> threat to public safety |
| <input type="checkbox"/> grief/loss             | <input type="checkbox"/> criminal involvement | <input type="checkbox"/> gangs                   |
| <input type="checkbox"/> lack of transportation | <input type="checkbox"/> crime victimization  | <input type="checkbox"/> family dynamics         |

**What concerns do you have regarding this family?**