<u>School Hours</u> Welcoming Bell 8:50 a.m. Classes Begin 8:55 a.m. 8:55 a.m. – 11:55 a.m. 11:55 a.m. – 12:30 p.m. Lunch 12:30 p.m. – 3:10 p.m.

École Arthur Pechey Public School

2675 4th Avenue West Prince Albert, SK S6V 5H8 Phone 306-922-9229 Fax 306-763-4878 https://ap.srsd119.ca/



Principal: Mrs. Brandi Sparboe Vice-Principal: Mrs. Sherry Gunville Secretaries: Mrs. Sharon Kaponyas, Mrs. Claire Urbaniak, Ms. Donna Meyers

October 2019



24 HOUR ATTENDANCE NUMBER: 1-833-309-1241 PLEASE REPORT ALL ABSENCES				
Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3 Hat Day	4 PLC No Classes
7 Picture Day	8	9 Pop Up Booster Juice Sale @ noon: \$4-small, \$6-large 6:00 – 8:00	10 Cross Country Extravaganza at Spruce Home	11 No Classes
14 No Classes	15	16	17	18
21	22	23 Muffins & Math 3:30-4:30	24	25
	Mrs.	Tash's class swimming 9:30-1	1:30	
28	29 Grades 7 & 8	30 etch's class swimming 9:30-11	31	Nov. 1
	Selena's Donair Hot Lunch	eton s oldss swimming 9.30-11	Black & Orange Day	PJ Day

Please take note of our new toll-free telephone number, **1-833-309-1241**, to inform the school of a student absence.

School Messenger Communication

Unfortunately, we are no longer able to use Remind as a way of communicating with the AP school community as a whole group. We will use the School Messenger notification service to send important information to families through phone calls, emails, and text messages. You should have already received email messages from the school. If you haven't, please contact the school to learn more. To receive important information about events, school closings, safety alerts and more by text message, please send a text message with the message "**Y**" or "**Yes**" to 978338. Please note that message and data rates may apply.

School News

<u> Phys Ed News – Mr. Kalika</u>



Cross-Country Team

Cross- Country running season is winding down with **Extravaganza** on **Thursday, October 10th at Spruce Home School.** Please make sure to pack weather appropriate clothing, water bottle and non-microwaveable lunches. Students may also appreciate having a blanket, mitts and toque to stay warm

while waiting for their race. Thank you to the entire Cross-Cross Team and Coaches for an amazing season!

Intramurals (Grade 4-8)

Noon hour intramurals will continue this month as we wrap up our Soccer League. We will have a student vote on the following activity. Stay tuned!

Volleyball News

The volleyball season is underway for all Grades 5-8. Schedules are posted outside the gym and on the P4A google site's website (<u>https://sites.google.com/a/students.srsd119.ca/p4a/</u>). A special thank you to those students who have volunteered their time to help referee and keep score at our home games. We are very fortunate to have such great leaders in our school. Come out and support our teams! *Extravaganza: Week of October 28*-November 7* Times: TBA*





Building a Stronger Foundation in Math

Bâtir une base solide en mathématiques

This year's theme is LEGO!!! We had an AWESOME assembly with a visit from Emmet from the Lego Movie. Our TEAM this year has some great motivational prizes and activities planned to support our Math Goal. After the assembly, there was a classroom challenge to build the tallest tower possible using only 20 pieces of spaghetti and 40 mini marshmallows. Mme Bilodeau's Grade 6 class was the winner making a tower that measured 72.5cm.

Students used to spend almost all their time working at their desks, with the teacher at the blackboard and with little discussion. Math class today looks, sounds, and feels quite different.

How and Why it's Different

If you peek inside your child's math class, these are some things you would notice:

- students working on their own, in pairs, in small groups, independently and with teacher direction
- students engaged in a wide variety of tasks practicing skills, solving problems about real-life situations, playing games, and applying math concepts to design challenges
- students using a variety of physical and digital learning tools as they explore math ideas and solve problems
- students using a variety of tools, including paper and pencil, chart paper and markers, and digital devices, to write and record their math thinking
- students talking about connections they have made personally or exploring new math concepts and skills
- students sharing their strategies for solving a problem

Learning math involves understanding concepts and procedures, acquiring skills, and applying math processes. Each of these aspects of learning requires different learning and teaching strategies. As well, individual students learn differently. It's important for students to have opportunities to learn in a variety of ways.

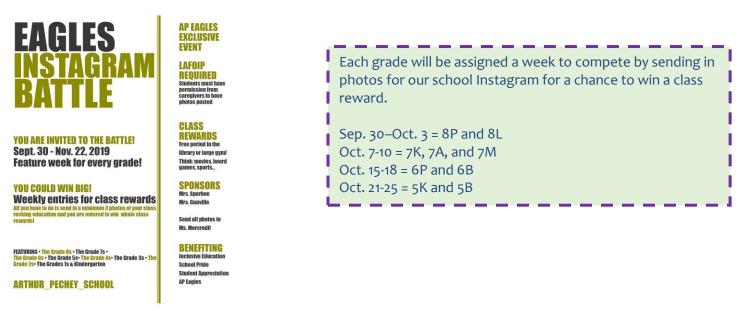
Bâtir une base solice en mathématiques Building a Strong Foundation





Allergen Aware: Reduce the Risk

There are children in our school with severe life threatening food allergies (anaphylaxis) to nuts and peanuts. This medical condition can result in death within minutes. Although this may or may not affect your child's class directly, we ask that any foods you send to school with your child be free from nut or peanut products. More information about anaphylaxis is available at the school. Please contact us. Thank you for your understanding and cooperation.



2019 Flu Season Notice

Flu season is right around the corner. For most, flu is an inconvenience resulting in a few days of fever, cough, and generally feeling unwell. For some, the highly contagious disease can lead to severe complications that require hospitalization or worse.

Immunizations are the best way to protect yourself, your family and those around you from the flu. The vaccine is safe, effective and proactive. Early vaccination means you are better protected. The Saskatchewan Health Authority will begin its seasonal flu clinics on October 21, 2019.

Vaccine is available free of charge to all Saskatchewan residents over the age of six months. Any person can attend public clinics to receive their immunization. Participating pharmacies can vaccinate children five years of age and older. To find a public clinic near you, please visit www.4flu.ca, or call HealthLine at 811. In addition to the public health clinics, you may choose to receive your immunization from participating physician/nurse practitioner offices and pharmacists.

Keep yourself and your loved ones protected from flu this season. Get your flu shot!

Public Health Nurses will be offering influenza immunizations at the student led conferences on <u>Nov. 14th</u> 3:30-8:00pm at École Arthur Pechey Public School. Please feel free to bring the whole family! Please bring your health care card and wear short sleeves.

Additional Influenza Clinics will be held at the South Hill Mall by Carlton Hearing: Monday–Friday Oct. 21st–25th: 9:00am-5:30pm Saturdays Oct. 26th, Nov. 2nd and 16th: 9:00am-2:00pm Tuesdays Nov. 5th and 26th: 1:00pm-5:30pm

For more information please call the Public Health Office at 765-6510.

<u>Tipi Teachings – Character and Values Education</u>

It's our second month of school and we are in full swing with our Tipi Teachings. We are so happy to report that our ongoing partnership with Mont St. Joseph Home will continue this year! Last year, every single one of our classes had the chance to either go to or have a visit from a group of residents from Mont St. Joseph. These visits focused on the current Tipi Teaching value and involved a variety of activities from bingos to art projects. Without exception, our students had positive and meaningful experiences through this partnership. Again this year, every grade 3-8 class will travel at least once to Mont St. Joseph, and students from Kindergarten to grade 2 will have a visit from the Mont St. Joseph residents. There is such value in this intergenerational learning, and we are grateful for the opportunity to continue the relationship.

In September, we focused on *Obedience*. In October, we will begin with *Respect* and then will move on to *Humility*. Here is a summary of some of the key points that classes focus on for each of these areas:

- Obedience/L'obéissance: We learn by listening to traditional stories and by listening to our parents or guardians, our fellow students, and our teachers. We learn from their behaviors and their reminders so that we know what is right and what is wrong.
- Respect/Le respect: We must give honour and show respect to our parents, guardians, elders, teachers, and fellow students. We must honour other peoples' rights. When I respect myself, I live in harmony with the world and the people around me.
- Humility/L'humilité: We treat others equally. We are not above or below others. We understand that we are an
 important part of the world community.

You can be a part of this at home too! Every month, classes will be given a variety of ideas for how to practice or demonstrate the current teaching, either at home or at school. Classes will challenge each other to complete as many of these as possible in order to be entered to win class prizes!

Want to know more about what students are learning about and practicing? Check out our Tipi Teachings bulletin board on the way to the school gym! Throughout the year, you will see student reflections and pictures of each of the teachings as they are taught. The bulletin board will change and grow throughout the year.



<u>Silver for Gold</u> was created with the hope of impacting families across Saskatchewan. We collect pop tabs and donate 100% of the money to Childhood Cancer Research and Awareness directly supporting <u>Small But Mighty SK</u> from <u>Saskatoon, Saskatchewan</u>. Please save your tabs. If you have any questions, please contact Mme Shelley Mitchell. She is the rep for Prince Albert and area and will pick up your tabs.

Muffins, Math and More About Your School! Muffins, mathématiques et plus au sujet de ton école!

Bring your family on Wednesday, October 23rd 3:30—4:30 for an hour of muffins and math! We will have a variety of math stations set up for all age levels that practice all kinds of math skills. We will provide you with a handout of the games to try at home and give you a chance to win a great math prize, all while munching on muffins! Our School Community Council will be there to answer questions and invite you to participate in this year's school planning and activities!



French Immersion News

On September 26th, the grade 4-8 French Immersion students visited Fort Carlton. It was a day full of fun and all in French! They participated in many activities learning about life of the voyageurs and soldiers from New France. They even trained to be a voyageur, learning how brave and courageous our ancestors had to be!

Important Information about Busing:

Registering your child for busing is necessary, but not every year. Please only re-register if the student's information has changed. This may include a change of school, address or contact information.

Registering online is quick and easy. However, it may take several days to arrange their busing.

The direct link to register is <u>https://www3.srsd119.ca/busgarage/transport/request.php</u> or you can simply type "Sask rivers school bus" in a search engine (we recommend Google) and we will surely pop up. Once you click on our link, look for this box towards the bottom of the page, and choose "Transportation Requests". You may find our links for the daily bus report and city bus maps handy as well.



If you are unsure whether or not you have previously registered, or if you have any questions, please contact the Transportation Department at 306-763-2323.

Kinder Jorten registration for the 2019/2020 school year: We continue to accept registrations for both the English and French Immersion kindergarten classes. Please contact us at 306-922-9229 for further information.

Federal Election

Grades 5-8 students will participate in Student Vote in the morning on Wednesday, October 16th. All students will have the opportunity to participate and have their vote counted in the National results released after the Federal Election.

Electronics and Cell Phones

Students are advised not to bring any electronics to school, as we are not responsible for lost or stolen items. Very few students have access to an individual locker that is secure. We understand that you may want your child to carry a cell phone for safety reasons; however, there is no need to have the phone on at school as we have school phones. Therefore, if a cell phone is brought to school, it MUST be powered off and stored in a safe place between 8:50 and 3:15. If a student is repeatedly asked to put the item away or continues to use it during school hours, parents will be contacted to come and pick it up.

Bus Unloading Zones

We are very fortunate to have increased bus service for Arthur Pechey students this year. We need your help! <u>Please do not park in the bus unloading zone directly in front of the school</u>. This unloading zone between the two signs must remain clear of cars as there are at least four buses needing to park. As well, the staff parking lot is not a pick-up or drop-off point. Thank you in advance for reviewing with your child how and where to use the marked crosswalks on 26th Street and 4th Avenue and for helping to keep our children safe!



Canteen Menu

Available at the school from 11:55 to 12:10 daily

Prices and availability are subject to change without notice

Pizza: Pepperoni & Cheese	\$2.50/slice
Corn dogs	\$1.50
Pizza Pops: Pepperoni and cheese	\$2.00
Breadsticks & cheese, granola bars & Fruit to Go	50¢
Crispers/Pretzels	\$1.50
Flavored water	\$1.50
Juice boxes	\$1.00

Desserts: rice crispy square, wagon wheel, pudding (chocolate & vanilla), canned fruit (peaches & oranges), applesauce, frozen yogurt tubes**\$1.00**

**SENDING A NOTE WITH YOUNGER KIDS IS ALWAYS HELPFUL!





Lunch Hour

URGENT! Your child's safety and well-being is important to us. Please carefully read the lunch hour letter that was sent home with your child. We must have confirmation from parents/guardians if your child will be going home for lunch.

Community News



École Arthur Pechey Public School will be hosting two Catholic Family Services programs open to our families:

PARENTING FROM THE HEART: For parents of children ages 5–12 years old. This program uses behavioral oriented strategies and teaches appropriate and effective parenting skills. Transportation and childcare are available.

Date: Wednesdays, October 16-November 27, 2019 Time: 6:30pm–8:30pm

GOOD GRIEF: A 6 week grief program for children ages 6-12 years old that have been impacted by loss or trauma. This program uses a variety of weekly activities which are designed to help children deal with the emotions they experience after experiencing loss or trauma. In a group setting, they learn that they are not isolated, and others are living with similar experiences.

Date: Wednesdays, October 16-November 20, 2019

To register, call Catholic Family Services at 306-922-3202

Activities at CAFE 29 11 Street East

Time: 6:30pm-8:00pm

Jasette & Discoveries is an opportunity for parents and children aged 0-5 every Tuesday 9:30-11:00. Come and have fun, play, tinker, dance, read and chat! A healthy snack is offered, and it is *free*!

Fransaskois Baby Hello is encountering meetings for pregnant women and mothers with an infant from 0 to 1 year old every Tuesday 9:30-11:00 and it is *free*!

Reading Journey is another *free* program of stories, rhymes and songs in French every Friday 3:55 to 4:25 at the John M. Cuelenaere Public Library. For more information, call (306)763-4717, or email to <u>apf.crepe@sasktel.net</u>

Subscribe to the French Early Year Resources Center to access different resources (French books, CDs, DVDs, educational games and more). Membership is required. CRÉPE annual membership fees: Families-\$50/year; childcare, preschools, schools, playgroups-\$125/year. Parents and Grandparents are welcome!

